

March 2000



Kwik-Fit

CAAC *Attack*

THURSDAY 23rd MARCH

Annual General Meeting

You should have received notification of this year's AGM - this is just another reminder so you won't forget ... A.G.M. and presentation of prizes, Thursday 23rd March, 7pm at Corstorphine Primary School.

There will be elections for Club Captain and all the other officials. Get thinking who you want to represent you in the club. You can put your choice of name forward now, or at the AGM.

We expect a visitor from our sponsor, so remember to wear your **Kwik-Fit** tops!

TUESDAY 28th MARCH

Training at Saughton

This means we will be back on the track at Saughton on Tuesday 28th March. Remember to come prepared for bad weather; it can be pretty cold and wet at this time of year (in fact at any time of the year).

It looks like we will be allowed access back into the pavilion changing rooms, which is very good news. A new Saughton Users Group has been established so hopefully communications between Edinburgh Leisure and us will improve. We may even see some improvements over the season with the maintenance on and around the track. Let us know if you have any problems and we will take these up at the next meeting.

NEW TEAM

Women's League

A new Lothian Select Team has been formed (City of Edinburgh, Penicuik, Lasswade, Livingston and ourselves) to compete in the Div 1 Womens' League. Brian Winning will be co-ordinating with our athletes and with the other Teams regarding team selection etc. Dates and venues to be confirmed, but Brian will be keeping those involved up-to-date with news.

APPEAL FOR COACHES

Could you help at the track this season? We need you! Please talk to a committee member to find out more.

DATES FOR YOUR DIARY

JSB Forth Valley League

Division 2 (U15/U13/U11)

Team Manager : DAVID LAW

27/4 Livingston

18/5 Pitreavie

15/6 Livingston (Convene with Central)

26/8 Pitreavie (Convene with Lasswade)

9/9 Pitreavie (Presidents Select)

Teams: Dunbar, Woollen Mill, Central, Lasswade

Scottish & NW League

Division 2

Team Manager: PAUL O'BRIEN

16/4 Grangemouth

28/5 Coatbridge

30/7 Dumfries

10/9 Scotstoun

Teams: Nithsdale AC, Law & District, Victoria Park, Dunfermline & West Fife, Harmeny, Lasswade, Whitemoss

Men's League

Division 1

Team Manager: JOHN O'HARA

30/4 TBC

11/6 TBC

16/7 TBC

27/8 TBC

Teams: Pitreavie, City of Edinburgh, Aberdeen, Shettleston, Inverclyde, Ayr, Arbroath & District

Register with F.A.S.I.C.

There is no fee to join F.A.S.I.C. (which provides first class physiotherapy treatment) but in order to take advantage of a reduced fee for consultation you must register your name. Please complete and return the form below to Babs Martin if you wish to take advantage of this offer.

Registration for F.A.S.I.C:

Name date of birth

Address

(Other Family Members)

Name date of birth

Name date of birth

Name date of birth



Keep in touch with what's new in Corstorphine A.A.C. on our web site: www.caac.freeserve.co.uk